

2009 Annual Report



Dear wonderful One By One supporters –

We are excited to share with you the work we are able to do on behalf of girls and women, because you have opened your hearts to help end obstetric fistula. Please visit our YouTube Channel (www.youtube.com/user/1x1onebyone) to view our Annual Report, which highlights One By One's accomplishments in 2009. You will see the places where we worked, learn about how our resources were allocated, and meet some of the people whose lives have been truly transformed as a result of the programs we support.

The movement to end the suffering of girls and women with fistula, and make childbirth safe for all women (at long last), is growing and gaining momentum. We thank you for being part of this vitally important effort by providing crucial support for One By One's work. 2010 is proving to be an exciting year, and we hope you stay involved.

With deepest gratitude,

Heidi Breeze-Harris
Co-founder & Executive Director

P.S. On our YouTube Channel you will see the Annual Report and additional short films about One By One's work. Please enjoy these films and feel free to share them with someone you know.

Treatment

Kivulini Women's Rights Organization and Chemi Chemi

based in the city of Mwanza, are dedicated to improving the lives of girls and women throughout Tanzania through education and advocacy related to equality, safety and opportunity. In 2009, One By One partnered with Kivulini and Chemi Chemi to support critical outreach efforts to raise awareness about obstetric fistula and the availability of free treatment services. With support from One By One, Kivulini and Chemi Chemi produced and aired radio spots, reaching thousands of women with much-needed information about what fistula is, what causes it, and how to access free treatment. This kind of outreach is tremendously important, particularly in remote communities, where women suffer in isolation and their families have limited or inaccurate information.

Mariamamu, a fistula survivor, enjoys the balcony with other patients at Bugando Medical Center.

Photo by Heidi Breeze-Harris



Bugando Medical Center (BMC), located in the city of Mwanza, has the second largest fistula treatment program in Tanzania. BMC is committed to repairing any woman with fistula free of charge. One By One has supported this work for the past five years. In 2009, we provided a grant to BMC to help pay for life-transforming treatment for 198 women. Heidi visited the fistula ward at BMC and experienced first-hand the elation and immense gratitude of women (like Mariamamu, pictured here, whose story is on the enclosed DVD) whose dignity and lives had been restored thanks to the availability of free treatment.

Prevention

One By One took bold steps into the prevention arena in 2009. We were thrilled to fund innovative projects in 3 countries, which are focused on the ultimate goal of preventing fistula through increasing access to basic and emergency obstetric care.

Ethiopia

The Afar region of Ethiopia is home to approximately 1.3 million mostly nomadic people who persevere under extraordinarily challenging conditions. Health services were non-existent in the region prior to 1994, and remain in the very earliest stages of development. Afar women have a **1 in 12 chance of dying during pregnancy or childbirth**, one of the highest maternal mortality rates in the world. And for every woman who dies during childbirth, an additional 20 experience serious pregnancy complications such as fistula. Through a partnership with the **Afar Pastoralist Development Association**, One By One is supporting the training of the first Afar midwives who will help women in this region deliver their babies safely.

Niger

We partnered with **Health & Development International** to support the completion of a pilot project in Niger aimed at preventing fistula through the use of powerful community organizing techniques. In a region that previously had very high rates of obstetric fistula and maternal death, trained volunteers now register all pregnancies, as well as educate pregnant women and their families about the importance of receiving prenatal care and delivering with a skilled attendant. They also provide critical information about how to recognize prolonged obstructed labor (the cause of fistula) and access transportation to a facility when emergency care is needed. The impact of this program has been dramatic: there have been no new cases of obstetric fistula reported for a full year. The early success of this program is inspiring and deeply gratifying for everyone involved. It will serve as an important model for future prevention work.

Tanzania

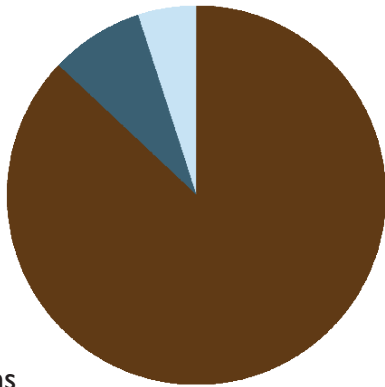
One By One launched its first-ever **RESEARCH** project during 2009. In partnership with two Seattle-based companies, **Philips Healthcare** and **SonoSite**, we are working with a dedicated team at Bugando Medical Center in Tanzania to evaluate the potential role of ultrasound in identifying women who are at high-risk of experiencing obstructed labor, the leading cause of obstetric fistula. The results of this research could lead to a valuable new screening tool for use in prevention efforts. If high-risk women can be identified in remote areas with a hand-held ultrasound machine, they can receive timely education about the critical importance of delivering in a facility or making preparations to access emergency care if needed. Results from this innovative study are expected in 2011. The study's state-of-the-art ultrasound equipment is being donated to various facilities for the benefit of all of their patients.



Research team member Ms. Azra scans a patient at Bugando Medical Center.
Photo by Heidi Breeze-Harris

Financials

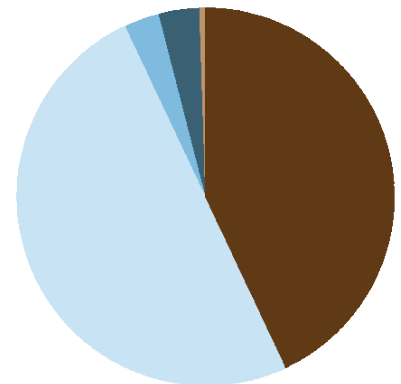
Expenses



87.0% Programs
8.0% Fundraising
5.0% Management & General

Revenue

50.0% Corporate Grants
43.0% Individual Contributions
3.5% Corporate Sponsorship
3.0% Corporate Match
0.5% Other



People

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